



TeachersFirst READING TREKS

Uprising

Teacher Guide

Access Reading
Trek Map

Grade Level & Content Areas

Ages: 11–14

Grades: 5–8

Reading Level: 7th grade

Lexile Measure: 810L

Guided Reading Level: Z

Developmental Reading

Assessment (DRA): 70–80

Content Areas: English/language arts, social studies (including immigration, labor history, Industrialization, and women's history), SEL, social justice, and visual literacy.

Synopsis of Book

Margaret Peterson Haddix's *Uprising* tells the powerful, interwoven stories of Bella, Yetta, and Jane—three young women from vastly different backgrounds living in New York City in 1911. Bella and Yetta are immigrants who work at the Triangle Shirtwaist Company factory, while Jane is a wealthy young woman seeking purpose beyond a privileged life. As the three struggle for personal independence, fair wages, and safer working conditions, their paths converge during the historic garment workers' strike and the tragic Triangle Shirtwaist Factory Fire. This historical fiction novel blends fact and narrative to illuminate the themes of justice, activism, courage, and the fight for workers' rights.

Standards

Common Core State Standards for K–5

Reading: Literature

- Key Ideas and Details
- Craft and Structure
- Integration of Knowledge and Ideas

Writing

- Text Types and Purposes
- Research to Build and Present Ideas

Common Core State Standards for 6–12

Reading: Literature

- Key Ideas and Details
- Craft and Structure
- Integration of Knowledge and Ideas

Writing

- Text Types and Purposes
- Research to Build and Present Knowledge

National Curriculum Standards for Social Studies

- Theme 1: CULTURE
- Theme 2: TIME, CONTINUITY, AND CHANGE
- Theme 5: INDIVIDUALS, GROUPS, AND INSTITUTIONS
- Theme 6: POWER, AUTHORITY, AND CHANGE
- Theme 10: CIVIC IDEALS AND PRACTICES

Social Justice Standards

- Identity
- Justice
- Diversity
- Action

Using a TeachersFirst® Reading Trek to Explore This Book

TeachersFirst Reading Treks create a virtual field trip of resources about a piece of literature or a text using the My Maps feature of Google Maps. To motivate and enrich students' reading, teachers and students can reference this visual collection of web resources and images related to a book's content.

TeachersFirst has done the hard work for you! Use the activities in this teacher guide and the accompanying [Reading Trek map](#) as you and your students explore this book. And, if you feel inspired, you (or your students) can create your own Reading Trek about this or another book!

Using This Reading Trek in Class

Below is a list of ideas for how to use this Reading Trek in your educational setting.

Working with the Map:

1. Introduce the book to the whole class by displaying the [Reading Trek map](#) on an interactive whiteboard and highlighting its various layers.
2. Have students create a character journey timeline using Canva's Timeline Infographic Templates ([TeachersFirst review](#)). Each point on the timeline should connect a map stop to a moment of character growth for Bella, Yetta, or Jane.
3. Use Padlet ([TeachersFirst review](#)) to create a virtual wall of strike voices. At each mapped stop, have students post short first-person reflections as factory workers, strikers, or

reformers responding to the events depicted in the novel.

4. Use Odyssey ([TeachersFirst review](#)) to create an interactive map-based story showing each girl's movement across New York City. Students can combine map pins, text, historical photos, and narration to illustrate how the setting influences the story's conflict and themes.
5. Have students design a digital photo analysis board of factory life using Google Slides ([TeachersFirst review](#)). Students can insert

historical images from the map and annotate them with comparisons to Haddix's descriptions in the novel.

6. Provide students with a printed outline map of Manhattan and have them sketch and label important locations from the Reading Trek. Students can annotate each location with a quote from the novel that shows how that place shaped a character's decisions or conflict.

Extension Activities:

1. Have students write and perform a Reader's Theater reenacting a key moment in a strike from the story. Groups should choose a mapped location, script the scene from different perspectives, and connect the performance to the themes of justice and civic action.
2. With Book Creator ([TeachersFirst review](#)), have students design a digital character journal for Bella, Yetta, or Jane. Each entry should include reflections tied to specific map locations, along with images, quotes, and emotional responses.
3. Using Wakelet ([TeachersFirst review](#)), have students curate a collection titled *Then vs. Now: Labor Rights* that compares workplace

conditions in 1911 with modern labor issues, including fast fashion, global factory conditions, and workplace safety.

4. Using StoryMapJS ([TeachersFirst review](#)), have students build a multimedia comparison of historical Triangle Fire artifacts and the fictionalized scenes in *Uprising*, linking each item to a theme such as injustice, courage, or activism.
5. Have students create a justice-themed poster in Canva for Education ([TeachersFirst review](#)). They can select a single map location, such as the Triangle Factory or the picket line, and create artwork that conveys the themes of solidarity, activism, or worker empowerment.

Helpful Resources

From TeachersFirst:

- [TeachersFirst CurriConnects Book List - Maps](#)
- [TeachersFirst Review of Google My Maps](#)
- [OK2Ask: Building Background Knowledge with Reading Treks](#)
- [OK2Ask: No Passport Required: Cross-Curricular Learning Journeys with Google My Maps](#)

Other Resources:

- [Margaret Peterson Haddix Author Website](#)
- [TeachingBooks Resources](#)
- [Quizlet Flashcards](#)